



Dr. Joseph Uhrich, D.D.S.

# DRS. UHRICH & KAPLAN'S NEWSLETTER



Dr. Jordan Kaplan, D.D.S.

WINTER 2009/10

## The amazing possibilities of Cosmetic Dentistry

From the office of  
Jordan Kaplan, D.D.S.  
& Joseph Uhrich,  
D.D.S.

Winter 2009/10

One of our patients, **John Eldorado**, has undergone some cosmetic dentistry to improve his smile. John said that he had been conscientious about the color of his teeth his whole life. He attempted to bleach them to cover up the tetracycline stains that he was born with, but was not happy with the results.

After consulting with Dr. Uhrich, they decided that the best solution

would be to do full crowns on John's front top and bottom teeth. Although it was a long process of about nine months, he said that it was "not that bad." There was little pain involved, and he is so happy that he did it. John said that people think they are his natural teeth.

John would definitely recommend having a cosmetic consultation with Dr. Uhrich or

Dr. Kaplan if you are unhappy with the look of your teeth. John did not realize what could be done to correct his situation and believes that most people don't, either.

Before



After



Before



After



**Justin Zychowski** (9 years old) was forced to have some cosmetic dentistry performed when he fell off his skateboard and broke his two front teeth on the sidewalk. After allowing the traumatized area to heal for a while, Justin's front teeth were bonded. The bonding procedure took only one visit, and Justin's teeth look as good as new.

His mother, **Deanna**, said that Justin sat still and did a great job for the relatively short dental visit.

Thank you for all your referrals. We appreciate them!

# Current Events



*Haley Lynn Meyers*

**Haley Lynn Meyers** was born to **Katie and Steve Meyers** on April 8, 2009. Haley arrived at 2:38 a.m. She weighed 7 pounds 15 ounces and was 19 inches long. She is the Meyers' first child. Welcome to the world, Haley!



*Gabriella, Franchesca, and Isabella*



**Catherine Senese and Ozzie Garcia** have a new baby girl, **Gabriella Gianna Garcia**. Gabriella was born on August 19, 2009, at 7:58 a.m., weighing 7 pounds 5 ounces and measuring 21 inches long. She is welcomed by big sisters **Franchesca** (8) and **Isabella** (4). Best wishes to all of you!

Little **Shane Patrick** arrived on April 24, 2009, at 9:58 p.m. He weighed 7 pounds 2 ounces and was 20½ inches long. Congratulations, Hallie and Tim!

**Hallie and Timothy Dougherty** welcomed a new baby boy, their first.



*Brent Kondziolka*

**Brent Kondziolka**, the son of **Nancy and Glenn Kondziolka**, graduated this past spring from Sandburg High School in Orland Park, Illinois. Brent played football for Sandburg and was featured in an awesome article in the sports section of *The Orland Park Prairie* newspaper in August 2009. In his senior year, he was voted team captain by his teammates.

Brent is attending Bemidji State University in Minnesota and plays football for their Division II team. He is majoring in environmental science and plans to get his master's degree at Bemidji State. After graduation, he hopes to land a job with the Department of Natural Resources in fish and wildlife management. Best of luck, Brent!

**E.J. Deslauriers** became engaged to **Tami Maron** in the summer of 2009. They are planning a 2010 summer wedding in Twin Lakes, Wisconsin, which is where they met. Best of luck, E.J. and Tami!



*Gary Jr., Gary Hunter Sr., and wife Nancy*

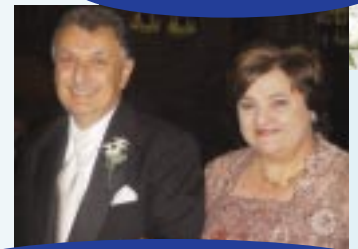
**Gary Hunter** retired after 35 years as a union painter with Local 147. His wife, **Nancy**, threw him a surprise party at her sister's house to celebrate the big occasion. Family, friends, and coworkers were there to honor Gary on his retirement. Gary says he plans to do some remodeling around the house and some fishing in his free time. Congratulations, Gary!

**Dr. Tony and Josephine Maoloni** are happy to announce the marriage of their daughter, **Jenny**, to **Adam Kader**. The wedding ceremony took place on October 10, 2009, at Holy Family Church in Chicago. A reception was held in their honor at the Metropolitan Club on the 66th floor of the Willis (Sears) Tower. The maid of honor was Jenny's sister, **Carla Maoloni**. The newlyweds honeymooned in Puerto Rico. Congrats!



*Adam and Jenny Kader*

**Marko and Mara Subasic** celebrated their 55th wedding anniversary on October 20, 2009. The happy couple is blessed with four daughters, three grandchildren, and one great-grandchild. Congratulations, Marko and Mara!



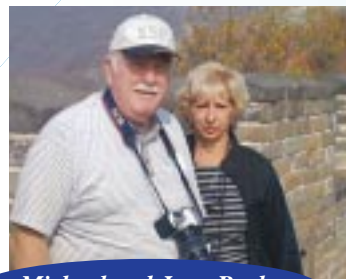
*Dr. Tony and Josephine Maoloni*



*Matthew Alvis*

**Matthew Alvis** (17) spent a lot of his summer vacation perfecting his wakeboarding technique. He is shown here in mid-jump at Round Lake while at his family's yearly get-together. Matthew has been wakeboarding for four years now and has basically taught himself. This year he took a lesson from a professional wakeboarder, which he thoroughly enjoyed. Matthew's boat driver is often his dad, **Rick Alvis**.

**Frank Michon** hit a "hole in one" while golfing at the Oak Hills Country Club on August 1, 2009. He teed off on the first hole and hit the ball 155 yards into the cup. Frank says this was his third ace in his lifetime. Way to go, Frank!



*Michael and Jane Burke*

**Michael and Jane Burke** traveled to China and Vietnam in October. They were on a cruise that made stops in four ports in China and two in Vietnam. Some highlights of their trip were the Great Wall of China and the Forbidden City in Beijing.

**Timothy Farrell** turned 40 years old on November 1, 2009. He celebrated the milestone birthday with family and friends at a Chicago Bears game at Soldier Field. Happy 40th, Tim!

# Happy Holidays!

All of us here at College Drive Dental Associates wish you and yours a healthy, happy, and peaceful holiday season! Best Wishes for 2010!



## AN IMPORTANT RERUN MESSAGE

The following article is a "rerun" from our summer 2006 newsletter, but we feel that it bears repeating:

### How do I know when a toothache is serious enough to call the dentist?

So often we have people call the office who need to get in to see us immediately because of an excruciating toothache. We hate to see our patients in such pain, and we want to have ample time scheduled to treat the problem. If you are starting to feel a slight ache or a twinge of discomfort, it is best to call us as soon as possible. We always have time allotted in the afternoon for emergency visits, so if you call early in the morning, we can get you in that day to take care of the tooth before it escalates into a full-blown toothache. Minor discomfort may only require a filling, whereas severe pain may be an indication of the need for a root canal or extraction. Our best advice is **don't wait until it's too late!**

Sudden, severe pain or inflammation requires immediate attention. Do not hesitate to call our office at any time if this is what you are experiencing.

Also, regular checkups and x-rays at six-month intervals go a long way toward avoiding toothaches because we often can discover a problem and take care of it before it becomes painful.

## To our patients who wear dentures

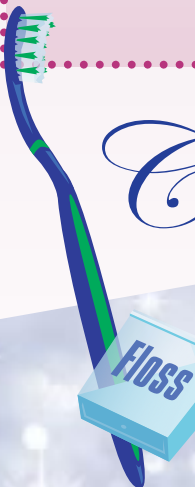
Dr. Kaplan and Dr. Uhrich would like to encourage our patients who wear full dentures to come in for an exam every six months. Often denture patients feel no need to come in to visit us because they do not have any teeth. They figure there is no chance of cavities or toothaches, so why bother. Well, it is very important to have your mouth examined for any sores or lesions caused by an ill fitting denture, to correct an ill fitting denture, and to do an oral cancer screening. We can also thoroughly clean the dentures at the time of the exam. So, if you wear dentures and have not been in to see us in quite a while, please call us to set up an appointment at (708) 361-4626. The visit will be quick and painless!

Dr. Uhrich's patient, Alice Hill, gave him the following dental quote to share with our readers.

## Cute quote...

Blessed are those who engage in lively conversation  
With the helplessly mute—  
For they shall be called  
Dentists.

Author Unknown



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dental newsletter!*

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## Crock-Pot shredded chicken for tacos

*(a Weight Watchers recipe)*

*Contributed by Dina DeTratto*

- 4 FROZEN** skinless, boneless chicken breasts
- 1 16 oz. jar** of salsa, mild or hot, whatever your preference
- 1 pkg.** taco seasoning mix

*Mix salsa and taco seasoning. Place in Crock-Pot.*

*Add 4 frozen chicken breasts. Turn on low and cook for 8 to 10 hours.*

*Shred chicken with two forks. Serve on tortillas or taco shells.*

## Cream of wild rice soup .....

*Contributed by Dina DeTratto*

- 1 large onion**, chopped
- 1 large carrot**, shredded
- 1 celery rib**, chopped
- ¼ cup butter**
- ½ cup flour**
- 8 cups chicken broth**
- 1 Box Uncle Ben's Wild Rice**, cooked
- 1 cup cubed cooked chicken breast**
- ¼ tsp. salt**
- ¼ tsp. pepper**
- 1 cup fat-free evaporated milk**
- ¼ cup snipped chives**, optional

*In a large pot, sauté the onion, carrot, and celery until tender. Stir in flour until blended. Gradually add broth. Stir in the rice, chicken, salt, and pepper. Bring to a boil over medium heat. Cook and stir 2 minutes or until thickened. Stir in milk and cook 3 to 5 minutes longer. Garnish with chives.*

### College Drive Dental Associates, Ltd.

**Jordan Kaplan, D.D.S.**  
**Joseph Uhrich, D.D.S.**

7550 College Drive  
Palos Heights, IL 60463

#### Office Hours

Monday & Tuesday 8:00 a.m.-8:00 p.m.  
 Wednesday 8:30 a.m.-5:00 p.m.  
 Thursday 9:00 a.m.-5:00 p.m.  
 Friday Closed  
 Saturday 8:00 a.m.-Noon

#### Appointment and Emergency Phone:

**(708) 361-4626**

**Dr. Jordan Kaplan** .....Dentist  
**Dr. Joseph Uhrich** .....Dentist  
**Maureen** .....Dental Hygienist/  
 Office Manager  
**Sharon** .....Dental Assistant/  
 Office Manager  
**Amy** .....Dental Hygienist  
**Ann** .....Dental Hygienist  
**Deanna** .....Dental Hygienist  
**Lydia** .....Dental Hygienist  
**Dina** .....Receptionist  
**Marie** .....Dental Assistant  
**Martha** .....Dental Assistant  
**Georgie** .....Dental Assistant  
**Marissa** .....Office Assistant  
**Joanie** .....Office Assistant  
**Briana** .....Office Assistant